



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or by calling 1-602-542-5008 or 1-800-304-3687.

Important Questions	Answers	Why this Matters:
What is the overall <b>deductible</b> ?	<b>\$0</b>	See the chart starting on page 2 for your costs for services this plan covers.
Are there other <b>deductibles</b> for specific services?	No.	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <b>out-of-pocket limit</b> on my expenses?	No.	There's no limit on how much you could pay during a coverage period for your share of the cost of covered services.
What is not included in the <b>out-of-pocket limit</b> ?	This plan has no <b>out-of-pocket limit</b> .	Not applicable because there's no <b>out-of-pocket limit</b> on your expenses.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a <b>network of providers</b> ?	Yes. See <a href="http://www.benefitoptions.az.gov">www.benefitoptions.az.gov</a> or call 1-602-542-5008 or 1-800-304-3687 for a list of participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, preferred, or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <b>specialist</b> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your plan document for additional information about <b>excluded services</b> .

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.

# State of Arizona: Benefit Options

## Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014

Coverage for: Employee | Plan Type: EPO



- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance** payment of 20% would be \$200.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care <b>provider's</b> office or clinic	Primary care visit to treat an injury or illness	\$15 co-pay/visit	Not Covered	—————none—————
	Specialist visit	\$30 co-pay/visit	Not Covered	—————none—————
	Other practitioner office visit	\$10 co-pay/visit for OB/GYN	Not Covered	—————none—————
	Preventive care/screening/immunization	\$15 co-pay/visit for primary care \$10 co-pay/visit for OB/GYN	Not Covered	Screening limited to one visit per member per Plan Year. Age and frequency limits may apply. See your plan document for more information on limitations.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	—————none—————
	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	Some testing may require pre-certification. See your plan document for more information on pre-certification limitations.

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.

# State of Arizona: Benefit Options

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014

Coverage for: Employee | Plan Type: EPO

Common Medical Event	Services You May Need	Your cost if you use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you need drugs to treat your illness or condition</b>  More information about <b>prescription drug coverage</b> is available at <a href="http://www.benefitoptions.az.gov">www.benefitoptions.az.gov</a> .	Generic drugs	\$10 co-pay/prescription (retail) \$20 co-pay/prescription (mail order) \$25 co-pay/prescription (Choice90)	Not Covered	Covered up to a 30-day supply for retail; up to a 90-day supply for mail order; up to a 90-day supply for Choice90.
	Preferred brand drugs	\$20 co-pay/prescription (retail) \$40 co-pay/prescription (mail order) \$50 co-pay/prescription (Choice90)	Not Covered	Prescription medication with over-the counter equivalents are not covered.  Dispense as Written rules associated with how the plan will pay for a name-brand prescriptions may apply. See your plan document for more information on covered prescription drugs and limitations.
	Non-preferred brand drugs	\$40 co-pay/prescription (retail) \$80 co-pay/prescription (mail order) \$100 co-pay/prescription (Choice90)	Not Covered	
	Specialty drugs	\$20 co-pay/prescription	Not Covered	Limited to a 30-day supply. See your plan document for more information on Specialty Pharmacy.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	\$50 co-pay	Not Covered	Bariatric Surgery 20% co-insurance. See your plan document for more information on pre-certification limitations.
	Physician/surgeon fees	\$15 primary physician \$30 specialist	Not Covered	

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.

# State of Arizona: Benefit Options

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014

Coverage for: Employee | Plan Type: EPO

Common Medical Event	Services You May Need	Your cost if you use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you need immediate medical attention</b>	Emergency room services	\$125 co-pay	Not Covered	Must be a Medical Emergency as defined by your plan. Co-pay waived if admitted to hospital directly from emergency room but subject to hospital admission co-pay.
	Emergency medical transportation	No Charge	Not Covered	Non-medical emergency transportation requires pre-certification.
	Urgent care	\$40 co-pay	Not Covered	—————none—————
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	\$150 co-pay	Not Covered	Bariatric Surgery 20% co-insurance. See your plan document for more information on pre-certification limitations.
	Physician/surgeon fee	No Charge	Not Covered	
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	\$15 co-pay	Not Covered	See your plan document for more information on pre-certification limitations and excluded services.
	Mental/Behavioral health inpatient services	\$150 co-pay	Not Covered	
	Substance use disorder outpatient services	\$15 co-pay	Not Covered	
	Substance use disorder inpatient services	\$150 co-pay	Not Covered	
<b>If you are pregnant</b>	Prenatal and postnatal care	\$10 co-pay for OB/GYN	Not Covered	—————none—————
	Delivery and all inpatient services	No Charge	Not Covered	See your plan document for more information on pre-certification limitations.

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.

# State of Arizona: Benefit Options

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014

Coverage for: Employee | Plan Type: EPO

Common Medical Event	Services You May Need	Your cost if you use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	No Charge	Not Covered	Limited to 42 visits per member per plan year.
	Rehabilitation services	\$15 co-pay	Not Covered	Coverage is limited to 60 visits per member per plan year.
	Habilitation services	Not Covered	Not Covered	—————none—————
	Skilled nursing care	No Charge	Not Covered	Coverage is limited to 90 days per member per plan year.
	Durable medical equipment	No Charge	Not Covered	See your plan document for more information on pre-certification limitations and excluded services.
	Hospice service	No Charge	Not Covered	Inpatient or home hospice for members diagnosed with a life expectancy of six months or less. See your plan document for more information on limitations and excluded services.
If your child needs dental or eye care	Eye exam	\$15 physician co-pay	Not Covered	Screenings covered as part of well child health examination.
	Glasses	Not Covered	Not Covered	—————none—————
	Dental check-up	Not Covered	Not Covered	—————none—————

## Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u> .)		
<ul style="list-style-type: none"> <li>Acupuncture</li> <li>Cosmetic surgery</li> <li>Dental care (Adult)</li> </ul>	<ul style="list-style-type: none"> <li>Infertility treatment</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul style="list-style-type: none"> <li>Private-duty nursing</li> <li>Weight loss programs</li> </ul>

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery (see plan document for information on limitations and exclusions)
- Family planning services
- Routine eye care (Adult, if part of a routine health examination)
- Chiropractic care (limited to 20 visits per member, per Plan Year)
- Hearing aids (limited to one per ear, per Plan year)
- Routine foot care (if medically necessary)
- Long-term care

### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-602-542-5008 or 1-800-304-3687. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact Aetna at 1-866-217-1953 or [www.aetna.com](http://www.aetna.com); AmeriBen at 1-866-955-1551 or [www.myameriben.com](http://www.myameriben.com); Cigna at 1-800-968-7366 or [www.cigna.com/stateofaz](http://www.cigna.com/stateofaz); UnitedHealthcare at 1-800-896-1067 or [www.myuhc.com](http://www.myuhc.com); MedImpact at 1-888-648-6769 or [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov); or Benefit Options at 1-602-548-5008 or 1-800-304-3687 or [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

### Language Access Services:

SPANISH (Español): Para obtener asistencia en Español, llame al 1-602-542-5008 or 1-800-304-3687.

NAVAJO (Dine): Dine'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-602-542-5008 or 1-800-304-3687.

*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.



## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$7,450**
- **Patient pays \$90**

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$0
Co-pays	\$90
Co-insurance	\$0
Limits or exclusions	\$0
<b>Total</b>	<b>\$90</b>

Note: These numbers assume the patient has given notice of her pregnancy to the Plan. If you are pregnant and have not given notice of your pregnancy, your costs may be higher. For more information, please contact: 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$4,100**
- **Patient pays \$1,300**

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$0
Co-pays	\$1,200
Co-insurance	\$0
Limits or exclusions	\$100
<b>Total</b>	<b>\$1,300</b>

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.

## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **co-payments**, and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **co-payments**, **deductibles**, and **co-insurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

**Questions:** Call 1-602-542-5008 or 1-800-304-3687 or visit us at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov).

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.benefitoptions.az.gov](http://www.benefitoptions.az.gov) or call 1-602-542-5008 or 1-800-304-3687 to request a copy.